



Rhodes River Ranch presents:

Rider's Seat Clinic

With Tom Nagel

Author of Zen & Horseback Riding

Oct. 10 – 12, 2008: 3-day Rider's Seat Clinic

3-day Rider \$640
Register by September 15 \$525

3-day Non-rider \$480
Register by September 15 \$400

Included:	Not Included:
Continental Breakfasts	Housing
Lunches	Dinners (\$8 / meal – RSVP ahead)
School Horses (first come, first serve)	Horse Board (\$15/day)

Daily itinerary:

As a Rider:

Daily unmounted/classroom work with Tom
Applying the principles of posture, breath and awareness
Group lesson from Tom applying the principles to riding horses

As a Non-rider:

Daily unmounted/classroom work with Tom
Applying the principles of posture, breath and awareness
Option to observe Rider lessons

Related Bodywork:

Rider's Tune-Up Bodywork Session available with private scheduling.

**Space is Limited to a Total of 12 Riders!!!
Call NOW to reserve your space.**

Centered Riding® All-Level Update & Open Clinic
scheduled for Mon-Thurs earlier that week.

For more information:

Email jean@rhodesriverranch.com or call Rhodes River Ranch at 360-474-8313.

Rhodes River Ranch * 22016 Entsminger Rd * Arlington, WA, 98223 * 360-474-8313